#### GEORGE MASON UNIVERSITY

# Department of Social Work Weekly Field Report

#### SENIOR PRACTICUM SEMINAR - SOCIAL WORK

Student: Ahmad, Asma

Agency: Woodbine Rehabilitation Center

Field Instructor: Pam Rodgers

1. Dates and hours worked in the field:

1/18/12

8 Hours

- 2. Brief summary of your field activities this week:
- -Intake assessments
- -Progress notes
- -Charting
- -Care plan scheduling
- -Faxing and filing
- 3. Conference with field instructor (date, duration):

NA

4. Field highlights this week:

Coming back to Woodbine!

5. Field problems this week:

NA

6. Your learning objectives for the next week:

Working more with families and sitting in on a care plan meeting

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?

Professionalism

Human behavior

Policy practice

9. Identify any ethical or value dilemmas which you faced.

Liasion Initials: MM Date: 1/30/12

#### 1. Dates and hours worked in the field:

1/23/12; 1/25/12

- 2. Brief summary of your field activities this week:
- -Completed 6 intakes
- -Audited charts to make sure all social work information was up to date
- -Met with new resident families
- -Progress notes
- -Charting
- -Discharge paperwork
- -Organized Home Health services for residents being discharged
- -Followed up on medical bills for a resident with medicaid
- 3. Conference with field instructor (date, duration): None this week.

## 4. Field highlights this week:

I talked to my supervisor about how my experience over break might impact my relationship with clients. My mother had a hernia repair surgery over break and it was supposed to be quite routine but after the anesthesia wore off, she had a lot of trouble breathing. As a result, she was put on a ventilator for 9 days until the doctors decided to do a tracheostomy. She ended up staying in the hospital for over 20 days, which was the majority of my winter break. I was thankful to have experienced working with clients at woodbine who were in the same situation prior to this whole ordeal and it made it less traumatic. My mom is back home and the trach collar is off. She's walking and talking just fine, thank God. But going back to Woodbine was a huge deal for me now that I know almost exactly what residents and their families are going through. It really helped me empathize more.

- 5. Field problems this week: No problems, just stress at times.
- 6. Your learning objectives for the next week: Get better at following up with residents.

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week? Self-awareness Human behavior policy practice
- 9. Identify any ethical or value dilemmas which you faced. Described above.

Liasion Initials: MM Date: 1/30/12

1. Dates and hours worked in the field:

1.30.12

2.6.12

- 2. Brief summary of your field activities this week:
- -Completed new resident intake assessments
- -Progress notes
- -Care plan documents
- -Filing
- -Faxing documents to other facilities for a resident who is being evicted from WB
- 3. Conference with field instructor (date, duration):

2.6.12

About 15 minutes

4. Field highlights this week:

NA

5. Field problems this week:

This isn't necessarily a problem, but I found out last week that one of my friends' brothers was admitted to Woodbine on the TCU unit. My friend was touring the facility and was shocked to see me there. Her brother had a severe car accident back in April which caused a TBI and multiple factures/injuries. He's now on a ventilator, recovering very slowly. When my mother was in FX hospital, he was next door to her in the ICU trauma unit. The day my mother

was shifted to the ICM unit, he was her neighbor again. It's just a weird feeling, knowing they were both in the same position and now my mother is home and he's at Woodbine.

- 6. Your learning objectives for the next week: Be more keen about recognizing ethical dilemmas
- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?
- -Human Behavior
- -Confidentiality
- -Service
- 9. Identify any ethical or value dilemmas which you faced.

One of the residents at Woodbine is not paying his bill to stay there even though he has money in his account. He has been there since 2006 and now the staff are forcibly discharging him by having me fax his documents to any and all VA nursing home facilities to see if any of them will take him.

Instead of evicting him, I think administrators need to get to the root cause for why he is not paying. Even if he is transferred, the same problems will arise in other facilities. He is obviously not staying at Woodbine by choice.

Liasion Initials: MM Date: 2/7/12

1. Dates and hours worked in the field:

2/6/12; 2/8/12

- 2. Brief summary of your field activities this week:
- -Completed Intake Assessments
- -Faxed documents for a resident to different facilities
- -Filing
- -Discharge paperwork
- -Set up stretch transportation for a resident being discharged
- -Sat in on new resident orientation
- -Learned tasks for following week (supervisor will be out of town)

- 3. Conference with field instructor (date, duration): 2/8/12. About 15 minutes
- 4. Field highlights this week:

Successfully setting up transportation for a resident being discharged home.

5. Field problems this week:

NA

6. Your learning objectives for the next week:

Learn how to input MDS information on Ultracare software

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?
- -Human Behavior
- -Professionalism
- -Ethical Understanding
- -Critical Thinking
- 9. Identify any ethical or value dilemmas which you faced.

NA

Liasion Initials: MM Date: 2/21/12

- 1. Dates and hours worked in the field:
- 2.13.12
- 2.15.12
- 2. Brief summary of your field activities this week:
- -Talked to a residents' family about long-term care options
- -Sat in on Kaiser care plan meeting
- -Completed weekly care plan agenda
- -Faxed discharge paperwork to home health agencies
- -Faxed residents' info to other facilities
- 3. Conference with field instructor (date, duration):

NA. Supervisor was on vacation

4. Field highlights this week:

Problem solving experience when working with a client's family to talk about long-term care options.

5. Field problems this week:

NA

6. Your learning objectives for the next week:

More problem solving cases to work on. I like doing intake assessments but it's getting a little monotonous.

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week? Problem solving Human behavior Professionalism
- 9. Identify any ethical or value dilemmas which you faced. Sitting through the Kaiser care plan meeting made me realize that Social Workers serve a dual role. While we are helping professionals, we also have to act as gatekeepers by deciding who can and cannot receive care based on umbrella policies and regulations. Healthcare seems to me as much more of a "product" for a "consumer" as opposed to a "service" for a patient or client.

Liasion Initials: MM Date: 2/21/12

- 1. Dates and hours worked in the field:
- 2.20.12
- 2.22.12
- 2. Brief summary of your field activities this week:
- -Talked to a residents' family about long-term care options
- -Sat in on Kaiser care plan meeting
- -Completed weekly care plan agenda
- -Faxed discharge paperwork to home health agencies
- -Faxed residents' info to other facilities
- -Completed a maintenance order form

- 3. Conference with field instructor (date, duration):
- 2.22.12 15 Minutes
- 4. Field highlights this week:

Meeting with a resident who was obsessive compulsive about sweets, especially chocolate ice cream.

5. Field problems this week:

None.

6. Your learning objectives for the next week:

Read "DSM VI Made Easy"

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?

Human Behavior

Engagement

Recognition of Ethical Dilemmas

Professionalism

9. Identify any ethical or value dilemmas which you faced.

NA

Liasion Initials: MM Date: 2/28/12

- 1. Dates and hours worked in the field:
- 2.27.12; 2.29.12
- 2. Brief summary of your field activities this week:
- -Intake Assessments
- -Research on Women's Day
- -Read DSM IV Made Easy
- -Psychosocial assessments
- -Discharge paperwork
- -Faxing documents to other facilities
- -Meeting with resident families

- -Explaining long term care options to families
- 3. Conference with field instructor (date, duration):

NA

4. Field highlights this week:

It was a very normal week. Nothing too exciting.

5. Field problems this week:

NA

6. Your learning objectives for the next week:

Sit in on a care plan meeting

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?

Human Behavior

**Documentation** 

Assessing

Engaging

9. Identify any ethical or value dilemmas which you faced.

NA

Liasion Initials: MM Date: 3/20/12

- 1. Dates and hours worked in the field:
- 3.4.12; 3.5.12; 3.9.12
- 2. Brief summary of your field activities this week:
- -Bought materials for Women's Day Event
- -Created posters and ballot boxes for voting on Woodbines most outstanding female employees
- -Completed Intake Assessments
- -Discharge paperwork
- -Met with resident families
- -Told residents about orientation

- -Faxed documents to facilities as requested
- -Completed Satisfaction survey report
- -Sat in on care plan meeting for a resident
- 3. Conference with field instructor (date, duration): No conference this week.
- 4. Field highlights this week:

Creating posters and ballot boxes for International Women's Day Event at Woodbine.

5. Field problems this week: None.

6. Your learning objectives for the next week:

Complete Psychosocial Assignment

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week? Human Behavior Professionalism Social Justice
- 9. Identify any ethical or value dilemmas which you faced. NA

Liasion Initials: Mm Date: 3/20/12

- 1. Dates and hours worked in the field:
- 3.12.12
- 2. Brief summary of your field activities this week:
- -Completed five intake assessments
- -Completed discharge paperwork
- -Did a chart audit for 2South
- -Met with new residents and their families
- -Faxed documents as needed
- -Wrote progress notes for client interactions

- -Psychosocial assessments
- -Supervision with supervisor
- 3. Conference with field instructor (date, duration):
- 3.12.12

10 Minutes

4. Field highlights this week:

Talking to supervisor about potential financial abuse affecting a resident

5. Field problems this week:

NA

6. Your learning objectives for the next week:

Work on Process Recording and Case Study

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?

Human Behavior

Assessing

Engaging

Documentation

Professionalism

**Ethical Conduct** 

Reporting

9. Identify any ethical or value dilemmas which you faced.

NA

Liasion Initials: Mm Date: 3/20/12

- 1. Dates and hours worked in the field:
- 3.19.12

3.21.12

2. Brief summary of your field activities this week:

Completed Resident intakes

New resident orientation Met with families

- 3. Conference with field instructor (date, duration):
- 3.22.12 10 minutes
- 4. Field highlights this week:

All the residents this week had very positive outlooks. It was refreshing.

5. Field problems this week:

NA

6. Your learning objectives for the next week:

Read through various psych consultations.

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?

Human Behavior

Documentation

Assessing

Engaging

9. Identify any ethical or value dilemmas which you faced.

NA

Liasion Initials: MM Date: 4/3/12

- 1. Dates and hours worked in the field:
- 3.23.12
- 3.26.12
- 2. Brief summary of your field activities this week:
- -Completed 10 intake assessments
- -Discharge paperwork
- -Led new resident orientation
- -Met/spoke with families
- 3. Conference with field instructor (date, duration):

No conference this week.

4. Field highlights this week:

NA

5. Field problems this week:

The other intern wasn't there all week so I had a double load, which was was doable but overwhelming at times.

- 6. Your learning objectives for the next week: Sit in on an activity with the residents on 2north.
- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? No
- 8. Which competencies did you demonstrate this week?

Problem solving

Human behavior

Professionalism

9. Identify any ethical or value dilemmas which you faced.

NA

Liasion Initials: MM Date: 4/3/12

- 1. Dates and hours worked in the field:
- 4.2.12
- 4.4.12
- 2. Brief summary of your field activities this week:
- -Completed all new resident intakes on 1 south (about 8)
- -Completed discharges
- -Cleaned out my supervisors' desk and organized her paperwork
- -FIling
- -Faxing home health paperwork
- 3. Conference with field instructor (date, duration):

NA

My supervisor resigned on Tuesday without any notice.

4. Field highlights this week:

NA

It was a disappointing week.

### 5. Field problems this week:

Pam, my supervisor and field instructor resigned on Tuesday without any notice whatsoever. I came in on Wednesday morning to see her desk being cleaned out and eventually helped with the effort. On Monday, she was very pleased with my work and let me out a few minutes before 5, but didn't mention anything about leaving Woodbine. I had been asking her to complete my mid-term evaluation for three weeks, but she never got around to it and pushed it off. I have now asked Jasmine, one of the other social workers to complete my mid-term and final evaluations on a hard copy, which I can then hand over to you or whoever needs to see it, so it can ben entered into runipt.

I've had a great experience at Woodbine and I feel disappointed that this happened just days before I complete my hours. I feel that it was very inappropriate and inconsiderate of her to leave the way she did without at least giving some kind of notice or completing the part of the learning contract she was responsible for. I have put a lot of energy and hard work into this placement and I think it's fair for me to want my evaluation to reflect that.

- 6. Your learning objectives for the next week: Finish strong.
- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? Yes
- 8. Which competencies did you demonstrate this week? All competencies have been met; however, this week, I did not have too much client interaction due to the internal re-assignments in our department.
- 9. Identify any ethical or value dilemmas which you faced. As I was cleaning out Pam's desk, I found lots of unsigned progress notes and resident information that should have been filed months ago. As a director, I realized there were many discrepancies in her work, which may have led to her reason for resigning.

Liasion Initials: MM Date: 4/16/12

1. Dates and hours worked in the field:

4.9.12; 4.11.12; 4.13.12

- 2. Brief summary of your field activities this week:
- -Completed 6 resident intake assessments and progress notes
- -Completed 4 discharges
- -Set up home health care and equipment for 5 residents
- -Read through training material about conflict resolution skills for Social Workers in skilled nursing settings
- -Called family members for more info on residents who seemed confused and disoriented
- -Set up stretcher transportation for a resident
- -Set up home health services for two residents
- -Additional Discharge Paperwork
- -Attended Resilience Conference on 4.13 from 8:30am-4pm (Approved to include in hours by supervisor and professor)
- 3. Conference with field instructor (date, duration): NA
- 4. Field highlights this week:

Setting up transportation services and home health services for a resident all on my own in a very limited amount of time.

5. Field problems this week:

NA. May need talk about how my hours will be signed off on.

6. Your learning objectives for the next week:

Complete my hours and finish strong.

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? Yes
- 8. Which competencies did you demonstrate this week? Human Behavior

Engage, Assess, Intervene

Diversity and Difference

9. Identify any ethical or value dilemmas which you faced. NA

Liasion Initials: Mm Date: 4/16/12

- 1. Dates and hours worked in the field:
- 4.16.12
- 4.18.12
- 2. Brief summary of your field activities this week:
- -Completed 5 resident intake assessments
- -Faxed order for two residents
- -Talked to family members
- -Invited residents for orientation
- 3. Conference with field instructor (date, duration):

15 minutes; 4.16.12

4. Field highlights this week:

Debriefing about my experience at Woodbine with all the Social Workers Reflecting on how the year went Hearing their appreciation and feedback

5. Field problems this week:

NA

6. Your learning objectives for the next week:

This is my last week.

- 7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems? Yes
- 8. Which competencies did you demonstrate this week? I have demonstrated all competencies up to this point.
- 9. Identify any ethical or value dilemmas which you faced. NA

Liasion Initials: Date:

1. Dates and hours worked in the field:
2. Brief summary of your field activities this week:
3. Conference with field instructor (date, duration):
4. Field highlights this week:
5. Field problems this week:
6. Your learning objectives for the next week:
7. Is special consultation with the Faculty Liaison/Director of Field Instruction needed to discuss problems?
8. Which competencies did you demonstrate this week?
9. Identify any ethical or value dilemmas which you faced.
Liasion Initials: Date:
Student Signature (Ahmad,Asma): Asma Ahmad Faculty Liaison Signature (Maura Moore): Note: Only sign this time sheet after all entries are completed for the quarter. After signing, no changes or additions can be made.